

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Fria Hiemstra**

Has successfully participated & completed the  
**5 Km HI-TEC Neethlingshof Full Moon Run**

held at Neethlingshof, Polkadraai.

**TIME 00:44:49**

**PACE 08:57/km**  
**OVERALL 103 of 184**

**GENDER 56 of 112**  
**OPEN 30 of 62**

10 March 2020, Tue

Date



*BoutTime*

Signature

